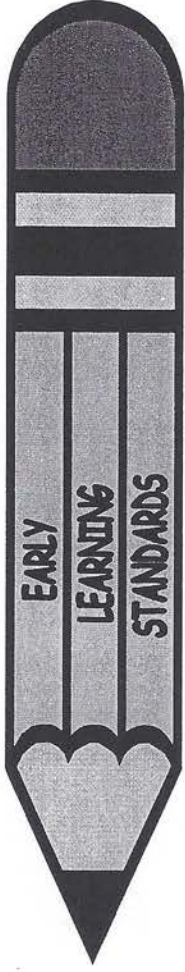
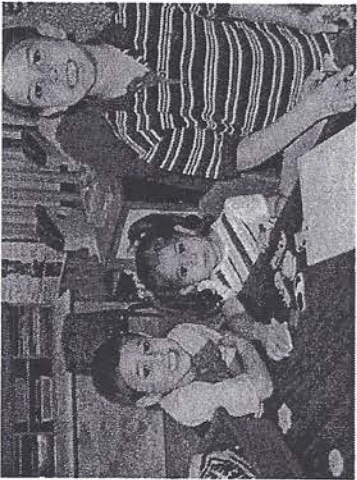


# PHYSICAL-HEALTH



for Pre-Kindergarten

# CROSSWALK



**Standard: Develop gross motor coordination**

| Indicators   | NAEYC Performance Criteria | Head Start Performance Standards                           | ECERS                                       | PA Academic Standards | Core Body of Knowledge                              |
|--|----------------------------|--|---|-----------------------|---|
| PH 1.1 Demonstrate control of large body movements                       |                            |  |   |                       |   |
| PH 1.2 Develop increased balance, strength and stamina                   |                            |  |   |                       |   |
| PH 1.3 Demonstrate spatial awareness                                     | B-4c, B-5d, B-7e           | 1304.21(1)(5)(i)<br>1304.21(b)(3)(i)<br>1304.21(c)(1)(vii) | #7, #8, #10,<br>#13, #14, #19,<br>#21, #29, |                       | K1-A, B, C<br>K2-A, B, C, D,<br>E, F,<br>K7-A, B, G |
| PH 1.4 Demonstrate coordination of body movements                        |                            |  |   |                       |   |
| PH 1.5 Combine large motor movements with the use of equipment           |                            |  |   |                       |   |
| PH 1.6 Combine a sequence of large motor skills                          |                            |  |   |                       |   |
| PH 1.7 Perform a variety of movement skills alongside and with a partner |                            |  |   |                       |   |
| PH 1.8 Engage in physical activity                                       |                            |  |   |                       |   |

**Standard: Develop fine motor control**

| Indicators  | NAEYC Performance Criteria | Head Start Performance Standards        | ECERS                                       | PA Academic Standards | Core Body of Knowledge                              |
|---|----------------------------|---|---|-----------------------|---|
| PH 2.1 Demonstrate control, strength and dexterity to manipulate objects  |                            |   |   |                       |   |
| PH 2.2 Demonstrate spatial awareness                                      |                            |   |   |                       |   |
| PH 2.3 Demonstrate eye-hand coordination                                  | B-4c, B-5d, B-7e           | 1304.21(a)(5)(ii)<br>1304.21(b)(3)(iii) | #7, #8, #10,<br>#13, #14, #19,<br>#21, #29, |                       | K1-A, B, C<br>K2-A, B, C, D,<br>E, F,<br>K7-A, B, G |
| PH 2.4 Demonstrate increasing control with writing and drawing implements |                            |   |   |                       |   |

| <b>Standard: Engage in healthy and safe practices</b>            |                                   |   |   |                              |   |
|--|-----------------------------------|---|---|------------------------------|---|
| <b>Indicators</b>  | <b>NAEYC Performance Criteria</b> | <b>Head Start Performance Standards</b>                 | <b>ECERS</b>                                | <b>PA Academic Standards</b> | <b>Core Body of Knowledge</b>                       |
| PH 3.1 Demonstrate positive body image                           |                                   |   |   |                              |   |
| PH 3.2 Demonstrate good hygiene                                  |                                   |   |   |                              |   |
| PH 3.3 Demonstrate basic disease prevention skills               |                                   |   |   |                              |   |
| PH 3.4 Demonstrate an awareness of healthy lifestyle practice    | B-7f, B-11, H-17c, I-3            | 1304.21(a)(6)<br>1304.21(a)(1)(v)<br>1304.21(c)(1)(iii) | #7, #8, #10,<br>#13, #14, #19,<br>#21, #29, |                              | K1-A, B, C<br>K2-A, B, C, D,<br>E, F,<br>K7-A, B, G |
| PH 3.5 Understand the roles of health care and safety providers  |                                   | 1304.23(b)(3)   |   |                              |   |
| PH 3.6 Demonstrate increasing responsibility for self help tasks |                                   | 1304.23(c)(1)   |   |                              |   |
| PH 3.7 Identify and avoid risk taking practices                  |                                   |   |   |                              |   |
| PH 3.8 Recognize and follow basic safety rules                   |                                   |   |   |                              |   |
| PH 3.9 Exhibit knowledge about foods and nutrition               |                                   |   |   |                              |   |
| PH 3.10 Demonstrate awareness of good nutritional practices      |                                   |   |   |                              |   |
|  |                                   |   |   | Outcomes Framework -         |   |